

MOVING FORWARD!

Many of us have now accomplished the arduous the task of taking down the Christmas and holiday decorations. It seems like they were a lot easier to put up than take down and repackage up for storage. Hopefully, we all enjoyed them while they were up--I know I did! But, alas, the time has come to put them away for another year.

To me, taking down the decorations is symbolic of "moving forward" in our lives. As I've written before, nothing in our existence here is permanent. That little enigmatic "thing" we call time is always moving on and pushing us onward. The question we must all ask ourselves is "forward to what"?

Where we "go" in 2016 is all up to us! We may not go anywhere physically, however, we will all be on our journeys. Our journeys consist of the thoughts we think and the choices and decisions we make. Those thoughts, choices and decisions, that at the time may not seem like much, have a way of influencing our lives over a period of time--sometimes even years.

We have the conscious ability as human beings to choose living in fear, fear of what might or could happen, or moving forward with positive expectations for this new year. We have the conscious ability to focus our thoughts and actions on thankfulness, love, joy, prosperity and abundance or to focus on scenarios that may not be as life affirming. It's up to each of us individually. Are we going to move forward with a confident, positive air or are we going to settle for taking whatever life hands us--good or bad?

Like with the Christmas and holiday decorations, there's a little sadness in taking them down and putting them away for another year but time moves on and we must as well. We will have many other holidays to celebrate before next Christmas and New Years--just like in our lives we will move forward to many wonderful experiences if we only believe we will!

I am going to try this year, 2016, to live every day like it's a holiday--decorated with positive expectations, thoughts and actions focusing on moving forward in thankfulness, love, joy, peace, prosperity and abundance

and treating others the way I myself want and expect to be treated. It is my deepest hope that all of we will all move forward in this same manner!

All my best--

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