

THE POWER OF POSITIVE THINKING

3/13/2018

In 1952 a writer/philosopher named Norman Vincent Peale published a book called "The Power Of Positive Thinking". Most of us have either read the book or, certainly, heard about it's impact. It became a huge best seller in the 50's and for several decades following.

I must confess--I never read Dr. Peale's book. I do, though, remember seeing it in my parents' bookshelf growing up. As a young person it didn't seem like it would be nearly as interesting reading as some of the other "garbage" I read! I don't believe I ever asked either of my parents if they had read the book. But then, as a young man with my whole life ahead of me, what could something that looked so boring mean to me!

It wasn't until I had, what I call, my "spiritual awakening" that I developed an interest in life and some of the keys to "have it more abundantly". I guess age and the idea of mortality were what piqued my interest in the subject. After I quit drinking alcohol, on a daily basis!, my life had a lot more value to me. My search for happiness and making my life better became a lot more important than in the past.

I still have not read Dr. Peale's book but I have discovered, through the spiritual teaching of the masters, that our lives ARE what we think and believe. Buddha said, "What you think, you become. What you feel, you attract. What you imagine, you create." Jesus of Nazareth put it this way--"It is done to you as you believe." **WE HAVE THE POWER TO CREATE OUR EXPERIENCES HERE!!!**

I do my best to think and act in positive manners even when I may be experiencing events which I may not think are positive. Life isn't all a bed of roses. Trials are bound to come no matter how positive we think we are keeping our thoughts and actions. We all pass through negative events in our lives--but it is how we think about them and deal with them that creates our overall life experiences.

Jesus of Nazareth also said, "The Kingdom of God is within you." The Kingdom of God is the realm of all possibilities--and those possibilities include both good and bad. It is what we focus our thoughts, beliefs and actions on that determine what kind of lives we create for ourselves. It's up to us!

I ask all of you reading this, no matter what you may be going through at this moment, to try and focus on the positives in your lives. By focusing on your blessings, and having the faith (knowing) that your lives are GOOD, you are

creating your futures of peace, love, joy, abundance and all the other wonderful blessings God has in store for you--if you only point your thoughts and actions in the direction of GOOD!

And, as I have said so many times before, making your lives better makes the lives of those around you better--making this world a little better place!

God bless--

All my best--

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