

## **SOME DAYS ARE DIAMONDS.....**

**09/24/18**

**Most all of us have been there. We wake up in the morning and just don't feel like it's "going to be a very good day". Maybe it's raining, maybe we didn't sleep too well or we have to do something that isn't appealing to us. As the old song says, "Momma said there would be days like this"!**

**Most of the time we don't have the luxury of just lying back down, closing our eyes and going back to sleep. We have to get up, get through our morning routines and get on with the day. We may not want to but we really don't have a choice!**

**We may not have a choice about getting on with the day but we do have choices—many choices. We can choose to "stay in the funk" we woke up with or we can try to see something positive in what we are doing at the time and/or need to accomplish—no matter how unpleasant we may think it is.**

**If it's raining, we can focus on the fact it's going to take us longer to get to work, the store, the doctor's appointment, etc., OR we can focus on the wonderful, blessed life we've been given even though there are some trying times in it. We can grit our teeth and mumble to ourselves about having to sit in the car longer or we can take advantage of that extra time listening to the radio or simply thinking about the beauty and blessing of the rain. The earth needs rain to bring it's beautiful trees, flowers and grasses into being.**

**I'm not one who "appreciates" rainy days! I'll be the first to admit it. Rainy days, to me, are depressing and not getting to see the sun puts me into a tailspin—if I allow it to. BUT—that's the key—"if I allow it to"! I have found if I can focus on what I'm doing right now, and not the rain or whatever it is that seems to be bringing me down, I can "make something good" from something I believed wasn't so good. Rain or shine, life is good if I can focus on the positive and stay in the moment!**

**I recently lost a friend who I had worked with for over 10 years when I was at Hamstein Music Publishing Company. It only took me a minute to realize that Jeff was not ready to leave this plane and, that if he was still alive, would be enjoying every second of life! Life itself and the human consciousness we have been given to enjoy and create it is the miracle of The Creator! We're not promised any time here on this planet and our lives here could come to an end at any second. Wasting time allowing ourselves to not enjoy life, to me, is one of the biggest "sins" we can commit!**

**I hope each one of us today will be able to enjoy what's happening in our lives—even though some of us may be going through experiences that are not so pleasant. Simply recognizing the opportunity God has given us to "live" is enough for me, most of the time, to snap me out of the self pity and negative thinking I can fall into. Live LIFE! So far as we know, we've only got one here so we need to make the most of it!**

**God bless—**

**All my best—**

**Chip**